



Providence Road Church – Fight Clubs

Purpose: Fight Clubs serve the purpose to help one another live a life aligned with the gospel of Jesus Christ. We want to love our Savior more by helping one another know our sin and fight our sin. The ultimate goal is not to beat each other up about our sin, but to love our Savior more. Fight Clubs should be an intentional/focused time. They are not meant to be a hang out time, Bible study, or self-help group.

Who? Groups of three-five

When? Ideally these groups would meet once a week, but no less than every other week.

How? Fight clubs should be structured in such a way as to give a balanced amount of time to each element below, so efficiency and some planning is necessary.

Rhythm of a Fight Club

- 1) **Learning from and communing with God (primarily) through the Bible and prayer (*Head Focused*)** – We should encourage one other to be spending consistent time with God this should occur primarily through the reading of the Scriptures and prayer. Reading and praying during this time might occur, but this is primarily in the context of one's personal time outside of the group. Each person should contribute to how the Bible, prayer, and other things are shaping them. (Time ~ 20 minutes)

Questions may include: *What did you learn about God through His Word and prayer this week? From your bible reading this week answer the following questions: Who is God? What has He done (or is doing)? What should your response be to this truth?*

- 2) **Applying the truth and Gospel to our hearts and desires (*heart focused*)** – This involves being real with one another and freely talking about how Jesus is forming each other's character and heart, or talking about the things that are prevent this from happening. Everyone having a general overview of heart idols should help in this section. (Time ~ 20 minutes)

Questions may include: *What have you feared, loved, desired, or hoped in more than Jesus? What do you need to confess? How is Jesus and/or the Good News of the Gospel the solution to these struggles? What truths from scripture do you need to cling to? Why does this sinful thought, action, emotion, or motivation occur (this gets at the root of the issue, the idolatry involved – don't just fight the surface issue)?*

- 3) **Accountability to declaring and demonstrating the gospel (*hands focused*)**– This is simply helping one another live on mission. Helping each other identify the opportunities

God has put in our lives to declare and demonstrate the Gospel in intentional ways to those around us. The conversation should also include how each other is using their God-given skills, talents, gifts, and occupations to extend the kingdom of God. Accountability and prayer should be a big part of this section. (Time ~20 minutes)

Questions may include: *How have you been “good news” to those who don’t know Jesus around you? Are you intentionally reorienting your life around those who don’t know Jesus? If no, why not? (Once again getting to the root of the sin). Who (by name) are you going to be investing in this week? How can a pray for those (by name) who you are investing in this week.*

- 4) **Accountability to live a life aligned with the Gospel in all areas of life (*hands focused*)**– We desire, as disciples of Jesus, to worship Him in all areas of life. This includes but is not limited to: Relationships with family members, co-workers, finances, sexuality, time management, use of gifts/skills, emotions, motivations, thoughts, etc. We strive to help one another bring all things under the Lordship of Jesus.

Questions may include: *How is the Spirit leading you to obey this week? What does change/obedience look like in a given area? Do you have any personal needs? How can others pray for you? How can I practically help you love Jesus more, by fighting your sin in these specific areas?*

HOW TO REAP

Remember to pray as you open the Bible, asking God to show you the grace of Jesus.

Read the passage. Read it silently and out loud, with a pen in hand. Note thoughts that might be significant. Answer the question, “What do I see?”

Examine the passage. At this point, we will answer some questions about the meaning of the text. Work through this list of questions:

- What does the text mean?
- Is there anything I don’t understand?
- What do I learn about God, people or myself from this passage?

What does it say about God?

What does it say about people or myself?

What does it say about Jesus or how does it point to Jesus?

Apply the passage. Answer the question, “No matter where I am spiritually, what would it look like for me to apply this week what we just read and talked about?” Write out your response to this question. What does it ask me to do?

How is the truth about “Who God is” for you good news to you right now? How is the truth about “What Jesus has done” for you good news to you right now? What are the things in my life that need to change in light of this truth?

How will I live differently because of what I just read? Is there a command for me to obey, a sin I must repent of, a promise to believe or a blessing to celebrate?

Pray. Ask the the Holy Spirit to help you apply the passage this week. The goal of this kind of Bible study is primarily to grow in faith and obedience, not mere knowledge. Keep that in mind and be attentive each step of the REAP process.